



## Euro Sport Upper Front Stress Bar - VW Golf/GTI/R MK7/MK7.5/MK8 - Part#18070

### INSTALLATION INSTRUCTIONS

**Note:** Instructions outline two installation options, choose the option which you feel most comfortable with. We recommend the first option listed which allows you to simply slide the bar under the plastic trays with minimal effort.

**Note:** Supplied hardware is 12mm socket head flange bolts compared to the OEM 13mm bolts.

**Fig 1.** Start by opening the hood, locate and remove the hood seal along the plastic trays, simply lift upward and it will pull off. Next locate and remove the three metal clips that attach the plastic trays to the firewall support, simply pull them out by hand or use a pick.

**Fig 2.** Next using some blocks of wood or similar items raise both outer plastic trays about 5-6 inches as shown. They're partially stuck under the foam hood cushions, just pull up and push the foam slightly forward to release them. This will help by gaining adequate access to the shock towers when installing the Euro Sport stress bar in a later step.

**Fig 3.** Next remove the two rearmost strut mount bolts on each side which correlate with the Euro Sport stress bar holes. Once removed you can carefully install the stress bar into the passenger side shock tower under the plastic tray as shown. Next lift the plastic trays in the middle by hand and carefully continue to slide the Euro Sport stress bar into position until it aligns with the bolt holes on both sides, it should simply drop into place once it's in position.

**Fig 4.** Next using the supplied bolts (or the original bolts if still in good condition) fasten the stress bar into place and snug down the bolts evenly on both sides. Once the four stress bar bolts are snugged down you can remove the remaining original strut bolt if you prefer to change it with the supplied new bolt and snug them down as well. Once all bolts are equally snugged down use a torque wrench and tighten all six bolts to **22ft lbs**.

**Option two** of the installation would be to remove both wiper arms and plastic trays completely. Start by removing the small plastic caps on the wiper arms, then the 13mm nut securing them, next wiggle the arm up and down to loosen the splined connection so the wiper arms can pull up and off. You can also use a puller tool if available, make sure to note the positioning of the wiper blades for reinstallation later. Next remove the plastic trays by carefully pulling them upward where they meet at the windshield, they will pull out of a plastic groove along the windshield. Next disconnect the washer fluid hose from the driver side plastic tray. Now you can follow **Fig 3 & 4** to complete the stress bar installation. Once the Euro Sport stress bar is installed reinstall all the items in reverse of removal.



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Figure 1

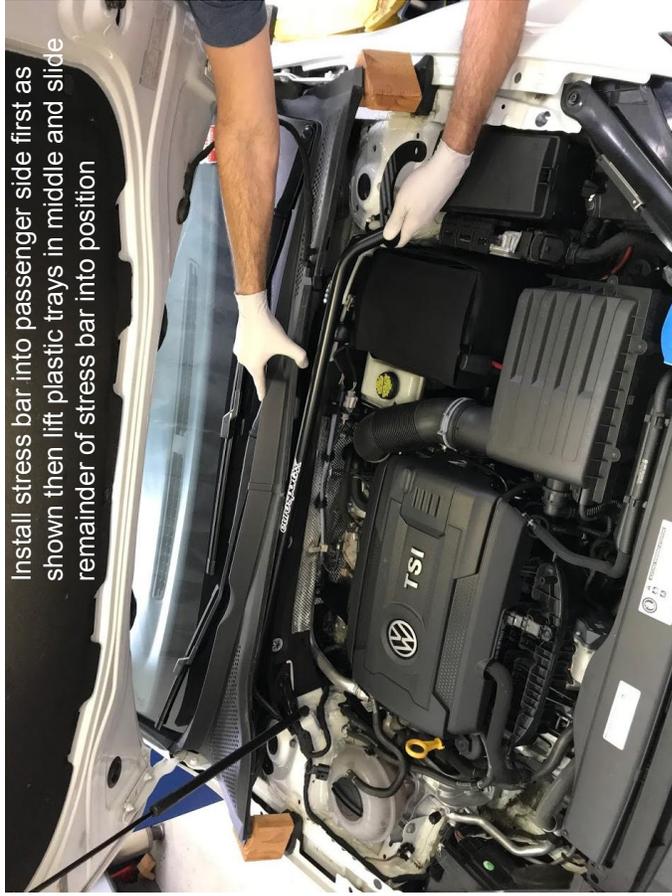


Figure 3



Figure 2



Figure 4